

Beach & Recreation

Summer 2025

Welcome to our 2025 season! Please note:

- ☐ Join our popular YOGA class every Saturday morning at 9 a.m. on the Beach or in Social Hall if it's raining. Classes run from Memorial Day to Labor Day. Cheryl is our instructor, and the classes are open to all levels.
- ☐ Watch the PFLA calendar, [online here](#), for popular events such as:
- ☐ The annual PFLA Olympics on July 5, on the field across from Social Hall. The games are open to all ages. Don't miss the fun and friendly competition!
- ☐ Hog Wild Pig Roast on July 26
- ☐ The Whiskey Logic Band will be back performing on August 16 at the Beach pavilion.
- ☐ LobsterFest at the beach on August 23

Rules and Reminders

Lake and Beach

General Beach Information

- ☐ The Beach is open to all members in good standing and their guests.
- ☐ **Glass is not allowed anywhere on PFLA common grounds, including on the Beach, in the Lake or in the Beach Pavilion.**
- ☐ Everyone on or in the water must leave the water at the first sign of thunder and/or lightning. It is recommended to wait 30 minutes after the last sound of thunder before returning to the water.
- ☐ Running, throwing rocks or sand, and littering on the Beach are prohibited.
- ☐ Children under 10 should be supervised by an adult at all times.
- ☐ PFLA provides beach chairs and other equipment; these items are stored in the shed or on designated racks.
 - ☐ Return all items when you are finished with them, including paddleboards, kayaks, and paddles. Return beach toys to their designated bins.
 - ☐ Personal chairs and equipment may be stored in the community area in the rear of the shed.
- ☐ If you put up a beach tent for shade, please take it down every evening and store it at home or in the shed.

- ❑ If you accidentally leave an item at the Beach, there will be a Lost & Found bin in the shed. At the end of the season, all items not claimed will be discarded.
- ❑ Pets are not permitted on the Beach or in the designated swimming area of the Lake.
- ❑ Any pets accompanying their owners to the Beach Pavilion must remain on a leash at all times and may not cross over the sand onto the Beach. Owners must pick up after their dogs immediately.
- ❑ If you have any concerns about the general Beach, swimming, or boat/paddleboard rules not being followed, please contact a member of the Beach & Rec Committee or email PFLAinfo@yahoo.com.

Swimming

- ❑ PFLA has adopted an “open swim” policy. This policy means you swim at your own risk, without lifeguards.
- ❑ It is the responsibility of members and their guests to swim in a responsible manner.
- ❑ Swimming is allowed in the shallow area between the docks and within the ropes; and from the raft to the docks between the green buoys (the V-shaped area from the raft to the two docks). **Any place outside of this zone is not a swimming area.**
- ❑ Non-swimmers and limited-ability swimmers should not swim or float beyond the ropes and dock area.
- ❑ Children under 10 must be supervised by an adult when in the water, and it is strongly encouraged that they wear US Coast Guard–approved life jackets.
- ❑ Swimmers are required to have a buddy or buddies when swimming to the raft; do not swim out to the raft alone.
- ❑ The following actions are prohibited:
 - ❑ Diving from either dock (diving from the raft is allowed)
 - ❑ Swimming alone to the raft or otherwise far from the rope/dock area (swimming laps from dock to dock is allowed)
 - ❑ Pushing another person off the docks or raft
 - ❑ Excessive roughhousing
 - ❑ Rocking the raft

Boats and Paddleboards

- ❑ Any float or watercraft that holds three or more persons will herein be referred to as a boat.
- ❑ Members and their guests are required to follow all laws set forth by the state of Pennsylvania while operating watercraft.
- ❑ Only self-powered watercraft are allowed on PFLA’s Lake (no motors of any kind).

- ❑ Boats and paddleboards may not enter the swimming area.
- ❑ Children 10 years of age and younger in a boat must be accompanied by an adult.
- ❑ Children 12 years of age and younger on Pennsylvania waters must wear a US Coast Guard–approved life jacket (Type I, II, III or V) when underway in any boat 20 feet or less in length and in all canoes, kayaks and paddleboards.
- ❑ Between November 1 and April 30, boaters are required by law to wear life jackets while on any boat less than 16 feet or any canoe.
- ❑ It is prohibited to use any watercraft or non-watercraft device in a manner that endangers a person or property.
- ❑ PFLA provides some boats for general use. These are identified by a PFLA sticker. Return these boats to the rack with the same matching PFLA sticker, in the place where you found them.
- ❑ If you would like to store your own personal boat at the Lake (on the Pavilion side), please contact the Beach & Rec Committee Chair to make that request for the season. This request will need to be renewed annually. No locks may be used to secure a personal boat; any lock used to secure a boat to the stand will be cut. If you need to secure your boat with a lock, please store it on the opposite side of the Lake.

Beach Pavilion

- ❑ The Beach Pavilion, occasionally used for official PFLA events including worship services, is open for use by all members.
- ❑ Members are responsible for removing all debris from the Pavilion, the Beach, and the surrounding area resulting from their use.
- ❑ Any chairs must be returned to the storage shed.